

Richmond Cultural Centre & Annex

Drop-In Schedule – Adult Dance

SPRING 2026



DROP-IN POLICIES:

- Must be purchased in-person on the day of the class, at least 15 minutes prior to class start.
- May purchase multiple drop-ins (one person paying for multiple people).
- Purchase receipt will be issued to the client to show to the instructor as proof of purchase and registration. Without this receipt, a client is not permitted to join the class.
- Eligible for the Recreation Access Card 50% discount.
- Not eligible for support through the Recreation Fee Subsidy Program.
- Purchases cannot be refunded.

SUN	MON	TUE	WED	THU	FRI	SAT
						Latin Funk Dance® – Core Fitness Combo 10:15 – 11:30am 00486546 \$15.00 Drop-In Fee <i>Performing Arts Studio 3</i>
		Ballroom and Latin Dancing – Intermediate 6:40 – 7:40pm 00489184 & 00489190 \$25.75 Drop-In Fee <i>Dance Studio</i>		Ballroom and Latin Dancing – Beginner 6:40 – 7:40pm 00489224 & 00489228 \$20.75 Drop-In Fee <i>Dance Studio</i>		
		Latin Dancing Choreography – Advanced 7:45 – 8:45pm 00489198 & 00490361 \$30.75 Drop-In Fee <i>Dance Studio</i>		Latin Dancing Technique and Solo Routine – Advanced 7:45 – 8:45pm 00489236 & 00489239 \$30.75 Drop-In Fee <i>Dance Studio</i>		

CLASS DESCRIPTIONS

BALLROOM AND LATIN DANCING – BEGINNER

Explore basic routines in Cha Cha, Rumba, Jive and Samba in a fun and engaging class. Build confidence and connection through partner rotations and an energetic atmosphere. Emphasis is placed on learning through enjoyable and effective exercises that create a welcoming dance community. Open to singles and couples. Offered in partnership with Kyril Dance.

BALLROOM AND LATIN DANCING – INTERMEDIATE

Continue to explore basic routines in Cha Cha, Rumba, Jive, Waltz, Tango, Quickstep and Samba in a fun and engaging class for intermediate dancers. Further develop confidence and connection through partner rotations and an energetic atmosphere. Emphasis is placed on learning through enjoyable and effective exercises that create a welcoming dance community. Open to singles and couples. Offered in partnership with Kyril Dance. **Recommended pre-requisite:** minimum one term Ballroom and Latin Dance – Beginner.

LATIN DANCING CHOREOGRAPHY – ADVANCED

Advance in proficiency in Cha Cha, Rumba, Jive, Samba and Paso Doble with choreography-based classes. Develop refined technique and expressive movements in a class that balances technical rigor with engaging content. A structured yet enjoyable approach fosters a supportive atmosphere for social dancers. Open to singles and couples. Offered in partnership with Kyril Dance. Equipment provided. **Pre-requisite:** minimum two years dance experience.

LATIN DANCING TECHNIQUE AND SOLO ROUTINE – ADVANCED

Enhance dance skills with a focus on detailed Latin technique and solo choreography. Engage in targeted exercises that develop muscle awareness and refined coordination. Emphasis is placed on understanding movement fundamentals for confident execution. Offered in partnership with Kyril Dance. **Recommended pre-requisite:** minimum two years dance experience.

LATIN FUNK DANCE® – CORE FITNESS COMBO

Sculpt and strengthen the entire body, have fun and improve fitness with ballet-inspired movements and mat work using resistance bands, gliding discs, body weight and yoga balls. End each session with energetic Latin Funk Dance® cardio, blending seven Latin dance styles with hip hop, afro-funk and jazz. Offered in partnership with Lisa Gifford. 7-inch Pilates/Yoga exercise ball required.